

Updated Pool H&S Rules – July 2020

All current Government Social Distancing and Public Health England guidelines must be followed at all times by everyone using and entering our facilities.

Illness:

We ask that anyone feeling ill or showing signs or any symptoms of Covid 19 or any other illness should not attend the facility and follow NHS guidance.

Car Parking:

We run from shared use facilities, sometimes parking can be limited depending on what is happening at the School that day, please never park on the grass or up on the verges. Always leave in good time to arrive to park. **Parents must not park in the Lee Chapel School car park before 3.15pm.**

Communication:

All communication must be done over the telephone, by email or text. We are unable to speak to parents at the facility unless it is an emergency. This is to avoid unnecessary interaction and to ensure the safety of all.

No one must enter the building more than five minutes before the start of class.

We have limited our numbers and will run fewer lessons within the pool at any one time to allow for everyone to social distance.

Only one adult to accompany each swimmer in side the premises to reduce the number of people in the building.

Parent and children must sanitize their hands at the main entrance. Sanitizer will be provided.

Swimmers must arrive “ready to swim” to reduce the need of time in the changing rooms.

Our entrance and walkway is over two meters wide and all internal seating will be removed.

All internal doors will be pinned back and open.

Safety Notices and Cleaning:

We will provide clear notices around the facility to remind everyone of Government advise and our cleaning of the premises and equipment will adhere to Swim England / STA and Public Health England guidance.

Our Teachers will be teaching from the poolside to maintain social distancing at all times.

Non Swimmers: One parent will be asked to accompany their non swimmer into the water, they will only assist their own non swimmer and will have plenty of room in the pool to ensure social distancing is maintained.

Whilst Swimming:

We will ensure that our swimmers have plenty of room and will meet all Swim England/STA and Government guidelines with regards to required space to swim.

Lane Swimming will operate in double width lanes and bather loads will be reduced.

Capacity will be based on Swim England/STA and Government guidelines and will be continually reviewed.

Changing Room Specifics:

We have two sets of changing rooms at Lee Chapel Pool, each having fifteen large private cubicles in each. The mixed (now communal) changing rooms will be numbered, 1 & 2.

All swimmers arriving to swim for each session will use alternating changing rooms ie: all swimmers arriving for the first class of the day will all use Changing Room 1, the next class will use Changing Room 2, to give our staff time to thoroughly clean each changing room between use.

Each swimmer will have an allocated cubicle to use and have one adult assisting with changing.

Swimmers will be asked to arrive no more than five minutes before the start of classes and be “ready to swim” under a toweling robe or track suit etc, once changed they are able to leave their belongings in their cubicle.

Swimmers & parents will be asked to sit quietly in the cubicle until our staff call swimmers through to the pool, which will be in class order.

Swimmers must have swim hats & goggles (if needed) properly fitted and must be completely ready to swim. No shoes or flip flops will be allowed poolside.

Parents are asked to go outside to view the classes through the walkway windows following Government social distancing guidelines at all times.

At the end of classes, children will be returned back to parents who will be waiting inside the cubicle for their swimmer to walk back to them, again children will be returned in class order to ensure that social distancing is maintained.

Once all swimmers have been returned to parents, our staff will allow the next classes to come through to the pool from the other changing room. Swimmers will be called through in class order as above.

This means we will have no cross over of swimmers coming into the pool, whilst others are leaving the pool to ensure we maintain social distancing guidelines.

Showers and hairdryers will not be permitted for use, parents are asked to dry and change their children quickly and take them home to bath or shower.

Parents and swimmers must endeavor to leave the premises within ten minutes after class. So that our staff have an empty changing room to clean for the next users

Prams & Pushchairs: Must be left in the Reception area. Please do not bring them into the building.

No Food: No Food is to be brought onto the premises at any time.

No Running Parents please do not let your children run around anywhere in the building, the changing rooms and toilet areas will be wet and can be slippery. You are responsible for your children and you must stay with them at all times, before and after class to ensure their safety and to ensure they follow social distancing guidelines.

No Shampoo/Shower Gel: NO shower gel or shampoo is to be used at the pool, it leaves the area slippery and dangerous for other users. The showers are to be used before class only.

Photography / Filming: No photography or Filming at any time.

Locked Doors: Locked doors are locked for a reason – Safety. Please do not force open.

Nappies: Without exception, all babies/toddlers who are not completely toilet trained, regardless of age, must wear the double swim nappy system. This is a proper swim nappy or liner along with the neoprene nappy over the top. No swimmers will be permitted to swim without this. Our Teachers will return swimmers to parents if they see that the correct nappy is not being used and no refund will be issued for the missed lesson. We must protect the cleanliness of our pool. All used nappies must be taken away with you, not left in changing rooms.

Changing your Baby: Always change your baby **on the floor using a suitable changing mat or towel**, which you must bring with you each week. Do not use the benches in the changing cubicles. This is to prevent babies from rolling onto the floor from high surfaces, which can easily happen. Bring a suitable carry chair for baby to sit in safely and place on this on the floor whilst you are changing.

Swimming Hats: Must be worn by all swimmers. Exceptions will be made for children with Special Needs or requirements. If hats are not worn hair must be securely tied up and back.

Talcum Powder: Please do not bring talcum powder onto the premises.

Toilets: parents must accompany their children to the toilet at all times and ensure it is left flushed and clean for the next user. Ensuring social distancing is maintained at all times.

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