

Updated Pool H&S Rules – July 2020 – Quilters Pool

All current Government Social Distancing and Public Health England guidelines must be followed at all times by everyone using and entering the School facilities.

Illness:

Anyone feeling ill or showing signs or any symptoms of Covid 19 or any other illness **should not** attend the facility and follow NHS guidance.

All communication must be done over the telephone, by email or text. Our Teachers are unable to speak to parents at the facility unless it is an emergency. This is to avoid unnecessary interaction and to ensure the safety of all.

No one should enter the building until they are told to do so by one of our staff. Please wait outside. Start times will be slightly staggered (maximum of five minutes). All classes will still run for the full 30 minutes.

We must ensure that previous swimmers are in the changing rooms, that the poolside is clear, equipment cleaned / ready and viewing chairs wiped down before we call the next classes into the building.

Only one adult to accompany each swimmer in side the premises to reduce the number of people in the building.

Parents must wear face masks at all times when inside the building.

Please use the over shoes provided at the main entrance.

Parent and children must sanitize their hands at the main entrance. Sanitizer will be provided.

Swimmers must arrive “ready to swim” under a onesie or track suit, as you are **not able** to use the changing rooms **before class**.

At the end of classes, children will be returned back to parents who will be waiting poolside, parents are asked to use either one of the two changing rooms, which will be communal and to quickly dry and leave the premises within a **maximum of five minutes** after your class has ended.

Showers will not be permitted for use, parents are asked to dry and change their children quickly and take them home to bath or shower.

We will provide clear notices around the facility to remind everyone of Government advise and our cleaning of the premises and equipment will adhere to Swim England / STA and Public Health England guidance.

Our Teachers will be teaching from the poolside to maintain social distancing at all times.

Non Swimmers: will wear arm discs at all times whilst learning to swim at Quilters and parents must put these on their children on arrival.

We cannot ask a parent to assist their non swimmer in the pool water at Quilters, because we do not have enough room for both parent and child to dry and change in the space available at Quilters, whilst maintaining the required social distancing.

We will ensure that our swimmers have plenty of room and will meet all Swim England/STA and Government guidelines with regards to required space to swim.

Capacity will be based on Swim England/STA and Government guidelines and will be continually reviewed.

No Food: No Food is to be brought onto the premises at any time.

No Running Parents please do not let your children run around anywhere in the building, the changing rooms and toilet areas will be wet and can be slippery. You are responsible for your children and you must stay with them at all times, before and after class to ensure their safety and to ensure they follow social distancing guidelines.

Photography / Filming: No photography or Filming at any time.

Swimming Hats: Must be worn by all swimmers. Exceptions will be made for children with Special Needs or requirements. If hats are not worn hair must be securely tied up and back.

Talcum Powder: Please do not bring talcum powder onto the premises.

Toilets: parents must accompany their children to the toilet at all times and ensure it is left flushed and clean for the next user. Ensuring social distancing is maintained at all times.

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