

Pool H&S Rules

All current Government Social Distancing and Public Health England guidelines must be followed at all times by everyone using the facilities.

Illness/Covid 19 Symptoms:

Anyone feeling ill or showing signs or symptoms of Covid 19 should not attend the facility and must follow NHS guidance.

Only one adult to accompany each swimmer into the building, no siblings watching poolside.

NO FOOD is to be brought into the premises.
NO running anywhere on the premises.
NO photography or filming.
NO mobile phones to be used in the changing rooms.

You are responsible for your children and must stay with them at all times whilst on the premises.

Do not enter the building more than ten minutes before the start of your class. Wait outside please if you arrive earlier.

ON ARRIVAL:

Changing rooms will not be available for use before class at Appleton or Quilters Pools. Earls Hall are available. Showers are not to be used before or after class.

EVERYONE (including parents) getting into the pool water must arrive ready to swim under a tracksuit or onesie or easy to remove clothing. Wear slip on shoes/flip flops (easy to remove/put back on) and bring your bags poolside.

Do not come into the building more than ten minutes before your class time is due to start.

Queue along the corridor that leads to the pool entrance, until the teacher calls you in.

Please have swim hats on ready if children have long hair. Goggles are not needed for beginner swimmers. All equipment is provided.

After Class:

Please dry and leave as quickly as possible as soon as you are dry. Maximum of five/ten mins. Please do not hang around and wait for friends, please wait outside the building in the fresh air.

Please all follow the rules, they are in place to protect and help everyone.

Many thanks ☺